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# Idiot's Guides: Foraging



## Synopsis

Foraging

## Book Information

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## Customer Reviews

Thank goodness it has been too wet to mow. I got my book at 1:00 and by 3:00 had confirmed that at least 8 of my "weeds" are edible! Amaranth, Cat's Ear, Cleaver, Dandelion, Henbit, Peppergrass, Sow Thistle, and Horsemint. Pretty sure I have a half-dozen more, I just haven't located them yet. I love this book, especially the pictures of all stages of growth (and similar plants to watch out for)! Paula

This is exactly the kind of foraging book I have been searching for. It has clear pictures of each part of the plant (flowers, seeds, stems, bark, etc.) along with details of harvesting and how to prepare what you harvest. It also has great tips on safe foraging and charts that show when each edible part of the plant is available in different parts of the country and a map on each plant page showing the range of the plant.. Although the book is for the entire U.S., because the author forages in Texas it is especially helpful for plants in my area. I found a number of the plants in the wilder areas of my backyard on my practice foraging expedition. I think this book would be great for either a novice or seasoned forager.

if your serious about eating off the land in Texas this book is it. Many photos so you know that you

know its the right plant, And lots of healthy warnings. If your not sure don't eat it. duh. Warning you wont be buying store greens any more. I have always wanted to attend one of marks classes this is the next best thing. Also introduce slowly and don't tell your family where your getting the amazing greens. Then when they are hooked its to late. The freshness and taste cant be beat.

For years this foraging guru has been begged by his friends and followers to put his extensive knowledge in book form, and finally we have it! Great photos, clear quality descriptions and information are what we've come to expect from Merriwether, and he doesn't disappoint.If you're looking for a well done and trusted source for delving into the world of foraging, this is a must have!

Excellent layout with photographs, attributes, and warnings against mimics (especially with fungi). I have several foraging books; this one is the most approachable. A beautiful book complete with recipes!

In just a few minutes of browsing, I felt like this book was well worth the \$. I identified several "weeds" (hen bit & pony foot) that could be used to add to regular iceberg salad to make it more nutritious and colorful. The husband was even nibbling green brier sprouts in our woods after reading about it! The book shows potential poisonous look alike and gives instructions for safely trying new plants.

Mark is an obvious authority on the subject of edible wild plants and the book is well organized and filled with quality pictures to clearly illustrate each plant. He also shows dangerous look-a-likes to avoid. I highly recommend this book to anyone interested in natures pantry.

This is the best edible plants book I've read so far! Great pics of the plant at different stages and seasons, the leaves, and the fruit! Also, a section for recommended tools and other helpful hints. There is also a "poisonous mimic" section that shows similar plants that are not edible! I'd highly recommend buying this book if you are a camper, survivalist, or just someone who wants to know more about edible plants!

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